

# EFFECTIVE HAND SANITIZING

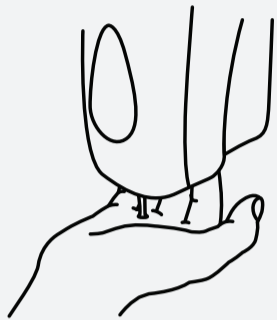
## 8 STEPS TO COMPLETE HAND HYGIENE

Sanitizing your hands acts as a preventative measure against the contraction and the spread of many illnesses

Good hand hygiene will reduce the risk of healthcare associated infections being passed from person to person.

By following these 8 simple steps you will help prevent the spread of viruses and infectious bacteria.

01a

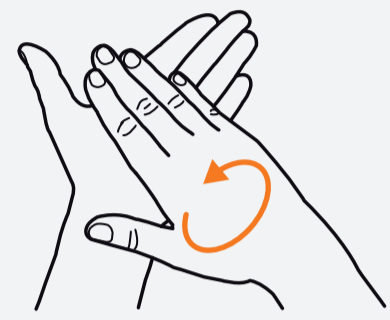


Apply a palmful of the product in a cupped hand, covering all surfaces

01b

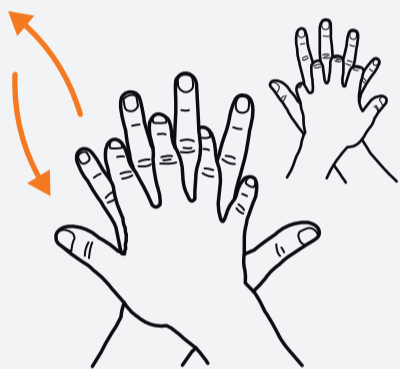


02



Rub hands palm to palm

03



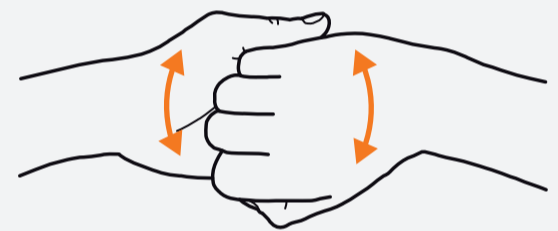
Right palm over left dorsum with interlaced fingers and vice versa

04



Palm to palm with fingers interlaced

05



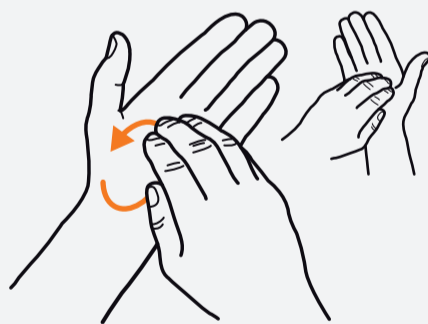
Backs of fingers to opposing palms with fingers interlocked

06



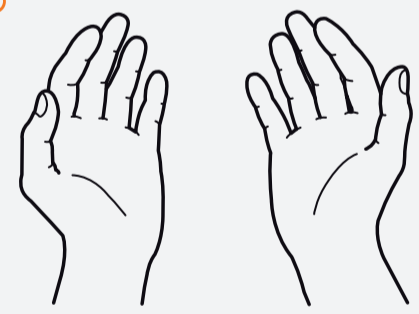
Rotational rubbing of left thumb clasped in right palm and vice versa

07



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa

08



Once dry, your hands are safe

To browse our full range of hand sanitising products please visit our website:

[www.cleenol.co.uk](http://www.cleenol.co.uk)



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